

The hike will take place on the mountain Kinnekulle. Start and finish will be in Hällekis, which is located at the shore of the lake Vänern. Nature is a place to draw strength and Kinnekulle is a great source of strength.

Kinnekulle has a lot to offer in natural and cultural experiences. From hikingtrails in the nature reserve and visits to historic sites, art experiences and shopping in craft shops. Life on and around the 306 -meter high plateau mountain at the south-eastern shore of Lake Vänern has its basic condition in the geological structure. Here you will meet unusual plants and diverse habitats As Carl von Linnaeus put it 250 years ago, "a place among the most remarkable in the kingdom".

When you visit the Kinnekulle district you don't need to travel long distances between sites. You can find observation tower, waterfalls, medieval churches, petroglyphs, quarries, craft centers, camping and swimming areas, and more.

Kinnekullevägen Trail is a walking trail around Kinnekullevägen Vänern . The trail is 45 kilometers long and passes most of "Kullens" cultural places of interest.





KINNEKULLE -THE VERDANT HILL!

Welcome to the verdant hills of Kinnekulle! Here you can hike through blossom-strewn groves and experience our unique flora, visit landmarks of culture and history, or simply enjoy the spectacular views of the lake and the countryside. You're sure to find plenty of special places to make your own.

Kinnekulle is a Natura 2000 site, which means that the area is part of a large network of valuable natural areas in the EU. Kinnekulle is also a nature reserve and a part of Swedens Second Biosphere Reserve, designated by UNESCO in June 2010.

In early summer the flowering wild garlic, called Ramslök, is forming a green carpet with snow-white flowers in Kinnekulles leafy groves. The green leaves spreads a strong odor of onion.

On the rich limestone soil, or perhaps especially in the marshes around Kinnekulle thrive a series orchids such as early purple orchid, lady's slipper orchid, musk orchid and Fly orchid



FOR MORE INFORMATION ABOUT EVG / IVV TREK 2016:

Lundsbrunn Hiking Association: www.vandrarklubben.se Swedish Hiking Alliance: www.gang.se

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